

ProMax Oral Surgery & Implants

Anesthesia Take Home Instructions

PRE-OP

Please complete the medical history and consent forms and return them to the dental office so that they can schedule the appointment. It is important for us to understand your health history including past surgical experiences, medical treatments, current medications (including inhalers), and allergies. Make sure to follow the pre-op guidelines regarding food and drink. Do not ingest food or liquids for 8 hrs. prior to surgery. Water up to 2 hrs. before surgery is permitted and recommended. The only exception to this rule is that small sips of water may be taken with any required medications. It is critical that your stomach is empty at the time of your appointment. If you happen to develop a cough or fever before the appointment, then it may be best to reschedule. Loose and comfortable clothing will be the most appropriate attire to wear.

Please contact us if you have questions: (480)878-7717. Texts are welcomed.

INDUCTION OF ANESTHESIA

To induce anesthesia, we will place an intravenous catheter in the hand, arm, or foot. The placing of this intravenous catheter may be associated with discomfort that should pass by shortly after it is placed. We ask that you keep as still as possible during the placement of the catheter. Sometimes the area of the catheter may cause bruising after its placement. Occasionally the anesthesiologist may choose to use a different method to induce anesthesia, including having you breathe anesthetic gases through a mask.

Oxygen, breathing equipment, and standard operating room vital signs monitors will also be used. The doctor will remain with you throughout the dental appointment to monitor and care for you.

RECOVERY FROM ANESTHESIA

No one will be permitted to be in the room with the patient after surgery is complete except for staff members actively assisting in the patient's recovery. As soon as they are ready to be discharged by the anesthesiologist, the patient will be transferred to a wheelchair and be brought to their escort. The escort may notice temporary red markings on the skin (face, eyes, arms, etc.) from the medical tape that was used to protect the patient and secure the necessary equipment and monitors. Depending on the procedure, the patient may have a small amount of blood in the mouth and/or swollen lips.

Many people find waking from anesthesia to be confusing. The patient may experience dizziness, blurred vision, mouth numbness, itchy nose and/or eyes, and general frustration of not feeling normal. All these side effects will resolve with times. Fortunately, most patients will not remember an unpleasant experience of waking up from anesthesia.

Once home, you may allow the patient to nap. This will let them skip much of the side effects of the anesthesia. Offer the patient liquids to drink such as water, Gatorade, or apple juice. Milk is not recommended for 2-3 hrs. following anesthesia. Please wait for the patient to ask for food spontaneously before feeding them solids; don't force it. This is the best way to avoid post-operative nausea and vomiting. Start with small portions of soft foods. Some good examples are soda crackers, Jell-O, popsicles, bananas, apple sauce, scrambled eggs, or mashed potatoes. Let hot food cool down before allowing the patient to eat it.

Please do not let the patient go swimming, drive a car, ride a bike, or play outdoors for the rest of the day. Keep them cool and indoors for the remainder of the day. It is common for patients to run a slight fever for several hours following their anesthetic.

The surgeon or anesthesiologist may recommend the patient take medication following the dental surgery. Over-the-counter pain medications generally will not interact with the anesthetic medications the patient was given.

Please reach out with any questions or concerns. We will be happy to address them for you.

Thank you.